

Diocese of Owensboro Safe Environment Training Videos and Resources for Children and Youth Titles & Description

Note: Your local Rape Crisis Centers offer training to all ages. Please use their services as often as possible. For a list of Centers in our diocese, go to: http://www.rcdok.org/documents/safe_environment/RapeCrisisCtr%20Service%20Areas.pdf

Grade Level	Ages	Title	Format	Length	Content	Distributed by
Pre-K-2nd	4-7	WHAT TADOO	DVD	18 min.	Learn four basic rules: Say No, Get Away, Tell Someone and Sometimes ell. Combines live action and puppets, in a humorous, but straight-forward look at lures abusers use to entice children and the “uh-oh feeling” they could experience with certain touches even from people they know. (Also covers private parts of the body.)	J. Gary Mitchell Film Co. www.empowerkids.com \$95.00
PreK-2	4-8	Speak Up, Say No!	VHS or DVD With book English & Spanish	10 min.	Tells the story of Penelope Peabody who says NO when her Uncle Sid tries to touch the private parts of her body. The intent of this video is to show children that sex abuse is not their fault and that it is okay for them to report these kinds of things to their parents, teachers, counselors, police or a trusted adult.	Videos with Values VHS - \$29.99 DVD - \$34.99
PreK-2	4-8	Safe Sheep in Our Flock	DVD	18 min.	“Safe touch” and general safety program for primary grades. Year A and Year B DVDs each use same puppet characters but reinforce with slightly different content. Use engaging animation, ventriloquism, and humor. Simple discussion guide included. Pre- and post-tests available in material.	TAG Productions www.safesheep.com Year A (1 of 2) Year B (2 of 2)
K-3	5-9	Diocese of Owensboro <i>Alternative Training</i>	Power Point or .pdf file	15-20 minutes	Review of Diocese of Owensboro’s Code of Conduct and other general reminders for child sexual abuse prevention: what to do about unsafe touches; always tell an adult; don’t keep secrets; & your body is special.	Access at: http://www.rcdok.org/safe_environment/training_minars.php#options
2 nd -4 th	7-10	WHAT TADOO WITH SECRETS	DVD	19 min.	Learn that secrets can be good or bad, and that telling bad secrets to a caring adult is the right thing to do. Combines live action and puppets. Teaches important lessons in making choices, distinguishing “good” secrets from bad, and following basic rules for getting help or helping oneself.	J. Gary Mitchell Film Co. www.empowerkids.com \$95.00

Grade Level	Ages	Title	Format	Length	Content	Distributed by
K-5 th	5-12	<i>Strong Voices, Smart Choices: How to Honor Your Instinct to Stay Safe</i>	DVD and 10-page study guide	10 min. plus discussion (see facilitator guide)	One of a pair of videos (one for children grades K-5 and one for youth grades 6 and above). DVD and study guide provides: <ul style="list-style-type: none"> • Background information on Safe Environment training • Details about what the Catholic Church has done to respond effectively to sexual abuse by Church personnel • Preparation for the teacher • A synopsis • The objectives of each video • Instructions for how to use the materials and • Discussion questions 	Diocese of St. Cloud (MN) www.stcdio.org/buysafetyvideos \$100 per set (K-5 & gr. 6 +)
2 nd -5 th	8-12	TIME TO TELL	DVD	15 min.	Seven year old Juliana doesn't like the way her eleven year old brother Alex has been acting since the soccer coach has been giving him "special attention." What and Tadoo, two puppet frogs, appear in a dream and give her some sound advice. Young people will learn the most important ways to stay safe as they experience Juliana struggling to help her brother.	J. Gary Mitchell Film Co. www.empowerkids.com \$150.00
3 rd – 4 th	8-10	BELIEVE ME	DVD	20 min.	Encouraged by a talk at school about everybody's right to "say no" to touches that make you feel uncomfortable, Todd finally tells his mother. Because of his stretching the truth on other issues, and because it is her father, she does not believe him. Todd meets two trolls and the "Grindelsnitch," puppet mentors. They talk with him about secrets and the need to keep telling. Todd tries to tell his Father and sister. Todd finally tells the school nurse and she helps him.	J. Gary Mitchell Film Co. www.empowerkids.com \$95.00
4-6	9-12	Diocese of Owensboro <i>Alternative Training</i>	Power Point or .pdf file	15-20 minutes	Review of Diocese of Owensboro's Code of Conduct and other general reminders for child sexual abuse prevention: what to do about unsafe touches; always tell an adult; don't keep secrets; & your body is special.	Access at: http://www.rcdok.org/safe_environment/training_minors.php#options

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6 th and up	12-17	<i>Personal Power: A Gut Check on Personal Safety</i>	DVD and 10- page study guide	10 min. plus discussion (see facilitator guide)	One of a pair of videos (one for children grades K-5 and one for youth grades 6 and above). DVD and study guide provides: <ul style="list-style-type: none"> • Background information on Safe Environment training • Details about what the Catholic Church has done to respond effectively to sexual abuse by Church personnel • Preparation for the teacher • A synopsis • The objectives of each video • Instructions for how to use the materials and Discussion questions 	Diocese of St. Cloud (MN) www.stcdio.org/buysafetyvideos \$100 per set (K-5 & gr. 6 +)
6 th -8 th	11-14 all	“How Not to be a Victim”	DVD with teacher guide on 2 nd DVD	26 min.	Empowers middle school students to protect themselves in the face of violent behavior they may encounter. It shows how being assertive, developing a personal safety plan, and trusting their instincts can help them stay safe.	Sunburst Visual Media DVD-\$129.95 http://www.sdteach.com/product_p/1004033.htm
6 th – 8 th	11-14 Boys	A Time to Tell*	VHS & DVD		The video presents three scenarios depicting common child molesting situations. It addresses very directly the problem of sexual molestation of adolescent males. The three situations not only dramatize typical molestation situations but also provide examples of the effect on the victim’s family members.	Boy Scouts of America www.scoutstuff.org \$19.99
6 th – 8 th	12-14 Girls	Katie’s Secret* (Facilitator’s Guide)	VHS	14 min.	Katie has a secret. She is being sexually abused at home by her mother’s fiancé, and she can’t find the courage to tell anyone. When a concerned teacher finally gets Katie to tell her story, she brings her to a teen crisis center. There Katie meets a culturally diverse group of peers who have similar stories, and she realizes for the first time that she is not alone. It is then that she finds the courage to tell her mother and start on her path to healing. This dramatic video is based on a real story of a young girl who found courage. Poignant and realistic, "Katie's Secret" will move and educate young audiences.	United Learning www.unitedlearning.com http://www.unitedlearning.com/search.cfm?refresh=true

*It is recommended that you show “A Time to Tell” to adolescent boys and “Katie’s Secret” to adolescent girls.

Grade Level	Ages	Title	Format	Length	Content	Distributed by
7-12	13-18	<i>Teen Safety: Myths vs. Reality</i>	DVD	17 min.	Teens and adults harbor misinformation regarding personal safety. When a person doesn't know about abuse, sexual violence, and abductions, there can be dire consequences. In this program teens will learn about: <ul style="list-style-type: none"> • Dangerous times/situations and how to avoid them • The case against cooperation • Five ways in which boys and girls have different risks • Ten abuse and abduction prevention tips • What to do if something "bad" happens 	Learning ZoneXpress 1-888-455-7003 www.learningzoneexpress.com \$79.95
7-12	13-18	Diocese of Owensboro <i>Teen Alternative Training</i>	Power Point or .pdf DVD	20-30 min.	PowerPoint presentation developed by Diocese of Owensboro Safe Environment Office. Covers Code of Conduct, expectations of youth and adults, and some scenarios.	Call Rita Hayden at 270-683-1545 for DVD Access at: http://www.rcdok.org/safe_environment/training_minors.php#options
HS	14-18	You Matter	DVD English & Spanish	15 min	Safe Environment Training for High School students.	Archdiocese of Atlanta (request copy from Diocese of Owensboro)
HS	14-18	<i>Shield the Vulnerable</i>	Online training (Cost to parish/school and/or individual.)	1 to 1 ½ hour	Interactive online training for teens produced by Law Room, the company that produces the Shield the Vulnerable training for Adults in the Diocese of Owensboro. Helps Youth identify grooming techniques of abusers, how to be safe including online safety. To preview, log on as an adult to: www.shieldthevulnerable.com and click on 1st Time Diocese Sign-up then click Teen Course. To take course, student logs in as Teen.	Each Parish or school will be charged \$4.00 for each teen taking the training. Credit card payment option available soon. Parents may pre-view course at no cost.
HS	14-18	Youth Protection: Personal Safety Awareness	VHS & Guide	20 min	This video contains three dramatizations of incidents typical of those encountered by many teenagers. They serve as a catalyst for discussion with teen audiences. The topics are: Sexual Harassment, Date Rape, and Internet Safety and Stalking. The video represents perilous situations and teaches teens how to recognize and react appropriately to avoid harm.	Boy Scouts of America www.scoutstuff.org \$19.99

Grade Level	Ages	Title	Format	Length	Content	Distributed by
H S	14-18	Breaking the Silence ----- Rompiendo El Silencio	DVD & Study Guide (English & Spanish)		<p>Created especially for teenagers. It is a powerful tool that utilizes an interactive DVD format to encourage teens to talk about sexual abuse and also to describe the danger signs of a potential abuser. Featured in the program are a group of teens that share their concerns and opinions about sexual abuse. They speak candidly and bring up a number of specific questions that are discussion starters for the students who are watching the DVD</p> <hr/> <p>Creado especialmente para los estudiantes que asisten a las escuelas secundarias de la Diocesis de Orange y para los jovenes que participant en las clases de educacion religiosa. Es un instrumento poderoso que utilize un formato interactivo de DVD para animar a los jovenes a hablar sobre el abuso sexual y para describir las senales de peligro de una persona culpable de abusos deshonestos</p>	Diocese of Orange, CA (request copy from Diocese of Owensboro)
HS Volunteer	14-18	Worthy of the Call	DVD & Study Guide	1 hour	<p>This training is specifically for young people that volunteer/work for the Catholic Church. It is aimed at helping leaders in parishes and schools prepare youth volunteers and employees to provide quality service within the context of a safe environment. It is important to educate our young leaders not only about creating safe environments but also about identifying the safe environments that have been prepared for them.</p> <ul style="list-style-type: none"> • Part I: Called to Ministry • Part II: Core Principles <ul style="list-style-type: none"> ▪ Authenticity ▪ Competency ▪ Dignity ▪ Accountability • Part III: Abuse Concerns <ul style="list-style-type: none"> ▪ Recognizing Signs of Abuse ▪ Responding Skills ▪ Safe Environments • Part IV: Making a Difference 	Archdiocese of Baltimore (request copy from Diocese of Owensboro)

Non-video Resources

Note: If this option is used, it must be on-site. Parents may choose to be involved in order to train their children in the parish or school setting with the oversight of the parish or school facilitator. If materials are sent home, the children will be NOT be counted as trained. (USCCB Audit regulations)

Age group	Title	Format	Description	Recommended for use	Ordering Info
2 – 6 years	<i>My Body Belongs to Me</i>	Booklet English or Spanish	Joey and Jessica are bears. Their mother tells them their body belongs to them and only parents or medical personnel can touch or see their private parts. Discusses what to do when someone touches them and makes them feel bad.	Use in pre-school to 1 st grade settings in Catholic school or parish faith formation programs. Booklet to be read to children by adult.	Channing Bete # PS58428 www.faithguides.com or call 1-800-628-7733 \$1.99 each Note: Must be ordered- not available through Diocesan Office.
4 – 5 years	<i>We Wonder-Keeping My Body Safe</i>	Booklet and Teacher Guide	Book with activities includes: <ul style="list-style-type: none"> • Parent Page • Private Parts • Safe and unsafe touches • Toby’s Ticklish Toes • What to do about unsafe touches • Always tell an adult • Don’t keep secrets, & • Your body is special. 	Use in Catholic schools or parish faith formation programs.	Channing Bete # PS91693 www.faithguides.com or call 1-800-628-7733 \$1.99 each Note: Must be ordered- not available through Diocesan Office.
6-8 years	<i>Know What? Your Body is Yours!</i>	Booklet and Teacher Guide	Book with activities includes: <ul style="list-style-type: none"> • Safe and Unsafe touches • Private Parts • Speaking Up • The Safety Cards Game • Circle of Safety • What would you do? And • Feeling happy, loved, and safe. • Includes Parents’ activity. 	Use in Catholic schools or parish faith formation programs.	Channing Bete # PS98774 www.faithguides.com or call 1-800-628-7733 \$1.99 each Note: Must be ordered- not available through Diocesan Office.

Age group	Title	Format	Description	Recommended for use	Ordering Info
6 – 9 years	<i>Your Body Belongs to You!</i>	Coloring and Activity Book	Activities include: <ul style="list-style-type: none"> • Your body is special • Bathing suit covers private parts • Different kinds of touches • Here’s what you can do. 	Use in Catholic schools or parish faith formation programs.	Channing Bete # PS57702 www.faithguides.com or call 1-800-628-7733 \$1.29 each Note: Must be ordered- not available through Diocesan Office.
9 – 11 years	<i>Who Knew? The Keep Your Body Safe Issue</i>	Booklet and Teacher Guide English or Spanish	Book with Activities include: <ul style="list-style-type: none"> • Your body is yours • You have the right to say “no,” • True or False • I Know What to Do • The Internet, • What would you do? • Trust Your Instincts • The Home Page. Interactive Webpage as follow-up to course with extra activities.	Use in Catholic schools or parish faith formation programs.	Channing Bete # PS92951 www.faithguides.com or call 1-800-628-7733 \$1.99 each Note: Must be ordered- not available through Diocesan Office.
Adults	<i>Basic Facts About Child Sexual Abuse</i>	Booklet	General information on Child Sexual Abuse including: the Abuser, Incest, the Victims, Indicators of Abuse, Effects of child sexual abuse, reporting and prevention. (Does not take the place of Diocesan Adult Safe Environment Program.)	Additional information for Parents, Teachers or any adults who work with children.	Channing Bete # PS702480 www.faithguides.com or call 1-800-628-7733 \$1.29 each Note: Must be ordered- not available through Diocesan Office.

Note: Channing Bete prices are based on the purchase of 1 – 99 copies. Prices decrease with bulk purchases.